omemakers' Bureau.



COOKING BY COLOR

COCKING BY COLOR

We can't all be artists and paint
renderful pictures that will be fanous the world over, but we can
be artists right in our own homes,
very day of the year. Look at the
narvelous array of colors in any
regetable and fruit market. Here
re possibilities for any number of
rictures. Vegetable plates that
tatch the eye and appetite with
he'lr harmonious blending of
reen, yellow and red. Vegetable
alads, crisp and tempting. Cooked
regetables that still retain their
oristine colors.

Most women know the essentials

stables that still retain their tine colors.

In the colors of the essentials handering colors so that they look as good as new, but you feel the colors of vegetables just as interesting and need as di care. If more women would ke vegetables by color, they lid be rewarded by plates that as gay and bright as a dress de counter. Thite vegetables, which includes bage, cauliflower and turnips, uld be cooked in a large unt of water for the shortest sible time—just until tender. pan should be uncovered in er to prevent the edor of these tables from permeating the sec.

materials has a great tendency to run if not treated properly. Therefore, such vegetables as: beets should not be peeled before cooking, in fact, the tail should be left on as well as part of the stem. In reality this procedure saves time, because after cooking, the skin and all slips right off with only a slight pressure. The addition of lemon juice or vinegar will brighten the red color and for this reason the water is usually slightly actualized when cooking red cabbage.

At this time of the

ly acidulated when cooking rea cabbage.

At this time of the year, vegetable plates are licked clean with no persuasion. And if you will follow the directions for cooking by color, the result will, be most gay and tempting.

For aid in household problems, menu planning, or special recipes, send in your request with a self-addressed, stamped envelope to Julia Lee Wright, director, Homemakers' Bureau, Safeway Stores, Inc., Box 660, Oakland, California,

Veterans Must File Claim For Exemption

Veterans who neglect to file a claim for exemption from taxation before July 1 will be "out of luck" in future years, according to a statement today from the office of the county assessor. Time for filing these claims is at hand, and a separate claim is required each year, according to John W. Hartman, chief deputy assessor.

Haptman pointed out that these claims may be filed at any of the seven branch offices—at Pomona, Van Nuys, Long Beach, San Pedro, Glendale, Pasadena or Santa Monica, as well as at the central office in the Hall of Justice. Veterans entitled to exemptions should not delay in filing their claims, Hartman declared.

Wild Goose Spread Religion

WILLIAMS BAY, Wis. (U.P.)—A wild goods, one of the winged missionaries used by Jack Miner Kingsville, Ontario, Canada, naturalist, to spread the Gospel, was cleind, beer precently by Wall was

98°

\$1.77 \$3.48

.29c

..19c

10c

.87c

..79c ..43c

SUN

VISORS

Liquid

Antiseptic

23c - 43c - 89c

Dolley Drug Co.

ONEY TALKS—That's why Dolley's are able to offer ese REDUCED PRICES under their New Cash Policy. Pay Cash and Buy For Less!

INSULIN

LISTERINE RUB

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SALTS

MCKESSON'S SHAVING CREAM ... FRENS, SANITARY NAPKINS ...

RICHARD HUDNUT ROUGE.

SLOAN'S LINIMENT ...

CITRO CARBONATE...... DEXTER POKER CHIPS

DETOXYL TOOTH PASTE... HULETT'S TOOTH PASTE... NEW MIX TOOTH PASTE...

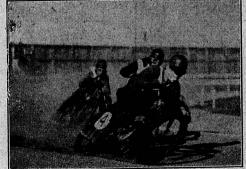
666 Cold

Remedy

23c - 45c

SHU MILK

SKIDDING TOWARD THE NATIONAL CHAMPIONSHIP



Los Angeles Coliseum July 1, 2 and 3.

Carcening over a fifth-of-a-mile dirt track on a skidding motorcycle, "Sprouts" Elder of Fresno, Cal., has set many speed records, but has set many speed records, but he expects to face his strongest competition at the Los Angeles Coliseum July 1, 2 and 3.

On those dates, the California Association of Highway Patrolmen in co-operation with the Los Angeles Junior Chamber of Commerce is staging the first national championships of the sport, with the winer entitled to the American Motorcycle Association's title of "national champion."

Crack riders from all the motor-

ALFRED L. PAUL, Chess Editor

Owing to the Chess Editor having been called north, one of chess students is "pinch-hitting" for him this week. If there are errors, please be tolerant—at least, don't blame Mr. Paul. It is regretted that Mr. Paul's comments on the correspondence game to be omitted. This week's move, however, is 7. Q-Kt3, Q-Q2. Pre

Serner Lowhite	Paul-Black
1. P-K4	P-K4
2. Kt-KB3	Kt-QB3
3. B-B4	B-B4
4. P-QKt4	. BxP
5. P-QB3	B-R4
6. P-Q4	P-Q3

Chess Notation

The 35th annual meeting of the lestern Chess Association will then at Chicago, July 21. The de divisions—Masters, Class A.

and Ladies—will be open to contestants from all states.

Some of the games in the coming tourney for champlonship of the United States will be played at the Century of Progress, Chicago, when Marshall and Kashdan face each other across the board.

Included in a unique filing system for playing and recording correspondence chess games perfected by the contest of the across the board to fit a 2x5 index case. A slit in each square allows card-board to fees a square allows card-board chessmen to be securely inserted.

serted.
Arthur W. Dake, Pacific coast champion, played 20 opponents at Denver and won 14 games and drew six. Dake played two of the games blindfolded.

Chess Oddities
Neither, opponent can win the chess game if no error has been made by either—the result always will be a draw.

Lomita Sewer Gets Formal Approval As SERA Work Project

Formal approval was given by the Los Angeles SERA office Wednesday night to the Lomita and Bellitower sanitary sewer projects, and the applications are to be studied Friday by the state office engineers at San Francisco, it was stated yesterday at Los Angeles.

Approval of the state engineers is virtually assured, which probably would permit the projects to get under way again in about 10 days, it was estimated by Alfred Jones, chief deputy county surveyor and co-ordinator between the county and the SERA.

The Bellitower and the Lomita projects have been at a standstill since the Civil Works Administration closed down several months ago.

MARKET GRUBB'S CHOICE MEATS PHONE 779-TORRANCE IN SAFEWAY STORE 1929 CARSON ST.

TAKE YOUR PICK

Regardless of what kind of meat you may choose, rest assured the quality will be of the highest standard. Grubb's handle only the BEST.

Lamb Stew, Ib.	10c	Fresh Ground 2	15c
	18c	Baby Beef Short Ribs, Ib	8c
	10c	Boneless 2	25c
	15c	Lean Beef Pot Roast, Ib	12 ^{1/2} c
	18c	Eastern Sliced Bacon, Ib	25c
Creamed Cottag	ge Ch	eese, 2 lbs	25c

Residents of Unincorporated Area Advised To Learn Phone Number

Capt. Owen A. Grege, commanding sheriff's sub-station No. 3, located at 10817 South Vermont, relays the following appeal from the office of the sheriff, Eugene W. Biscalluz, in an effort to improve the already very efficient service rendered by officers of that department. He says:

"Sheriff E. W. Biscalluz is always anxious to render the very best possible service to the public, and with that point in view, he asks that you, who reside in county territory, avail yourselves of this service by committing to memory the telephone number and addresses of your nearest sheriff's sub-station.

"And by reporting to that was "

in contact with all county departments and can give you advice and assistance in obtaining any information you require.

"These stations are also equipped with teletype systems by which they can broadcast police information over the entire state, in a very few minutes.

"These stations are also equipped with radio cars which are one constant patrol and are dispatched to answer your call, from the sheriff's sub-stations only. So in order to avoid gelay and receive prompt police service at any hour of the day or night, please call Thornwall 1168, or address a letter to Sheriff's Office, Sub-Station No. 3, 10317 South Vermont Ave., Los Angeles, California.

"When calling or writing, please give your name and address so that the officers can interview you."

On to Los Angeles





All over the West Safeway and Piggly Wiggly markets are offering the Jeam of the land flocks at prices fair to both producer and consumer. Buy this popular Summer meat today—it is easy to prepare and to digest. Guaranteed top quality 1934 spring lamb.

TENDER TO ROAST

Lamb Chops Stoll Lamb Stew Breast ь. 10c **22** Lamb Patties ■ Lamb Roast CONT.

Safeway and Piggly Wiggly Lamb Is U. S. Government and California State Inspected and Graded Pork Leg Shank or Butt Cut, 3-lb. Average, Lb... 4c

Link Sausage Sterling, ½-lb. Package	9c
Sliced Bacon	24c
Colored Hens	99c
Hockless Picnics	Each89c F
Tunaetts Creamed Tuna, 121/2-02	2 FOR 25c
Mayonnaise Best Foods, 1/2-pt. 10c; p	t. 18c; qt. 28c
Peanut Butter Max-I-muM, 1-lb. Jar, 14c;	2-lb. Jar25c
Grahams Honey Mald, 1-lb. Package	l6c
Airway Coffee	19c

Ready To Serve Items Cheese Pound 15c Wieners It 16c Cottage It 16c Cottage Cheese, Pound 13c Cheese, Pou Kraft Cheese 35c Pigs Feet Sliced, Pound 25c Split Foot, Each 5c Boiled Ham Sandwich Ment, 6-oz, Can.... 10c

Steak Pot Roast 7c Prime Rib 17c Ground Beef 100 Meat Loaf 2 LBS. 35c

illet 24c Haddock 27c Halibut 22c EGGS

LUCERNE LARGE EXTRAS

LA FRANCE QUARTERED

BARS

Penn-Rad 2-mel. 3a. 1.75 1 .25 Motor Oil Fed. Tax .08

100

16c

2 lbs. 21c

SKY FLAKES

Fidelio Beer. Plus Bottle Deposit, 12-oz. S

Favorite, 3 Boxe-Favorite, 3 Boxe-Oleomargarine Nucea, Best Foods Quality.....

Formay Shortening, 3-lbs. 45c 1-lb.

Matches
Favorite, 3 Boxes IOC Carton of 6...20c

SAL SODA CRYSTALS Pkg. 50 Grandma's Cake 18c Corn Flakes 60 Shredded Wheat 12-oz. Package 12c Grape Juice 2 For 25c Tomato Juice Tomato Sauce 2 For 9c Doggie Dinner 3 For 25c Chore Girl 2 For 15c

Fresh Fruit and Vegetables

Watermelons SWEET, VINE-RIPENED IM-PERIAL KLONDIKES. EVERY MELON IS GUARANTEED. LB.

Apples 41bs. 25c **Tomatoes** 3 lbs. 10c Grapes 21bs. 15c **Oranges** 4 Poz. 19c Squash 21bs. 5c **Potatoes** 10 lbs. 15c



Worthwhile "Cash Savings" On Many Other Items Not Listed Above!

Tooth Paste 2 LARGE 51c